

The Mind

[Once Sh. Maharajji blessed a discourse based on Vedanta. Through this Maharajji gave a message that it is only the Mind which makes human beings do good or bad deeds. That is why Sh. Maharajji directed the devotees to try and make their minds purely resolved. A lot more is there in this discourse, let us go through it]

"Om yat jagrato dUrmudalti devam tadosuptasya tathalveti.
dUrangman jyotishAm jyotirekam tanme manah shivsankalpamastu."

I pray Lord Shiva to make that mind of mine purely-resolved, which wanders anywhere around the world within a moment, both in waking and dreaming states, and is also the effulgent self of all human beings.

This is simply the word meaning of the above syllable; now let us know 'Mind' in detail-----

Maha-Maya, the manifestation power of God to create the world, gets merged with her husband, which is God, at the end of Kalpa (the total age of this creation as told in Veda) and enjoys his company. Afterwards she (Maha-Maya) gives birth to a son who is none other than pure-mind. Now with the help of Lord Shiva, she makes her son (the Mind) to resolve purely and to create a city of nine gates which is human body. She appoints her son (the Mind), the ruler of this city (the human body). She (Maha-Maya) starts sending vibrations to this human-body. These vibrations produce two types of waves in the mind. First one is Prabritti (to enjoy sense pleasure), which creates demons such as lust, anger, greed, ego and others, and second one is Nibritti (to renounce sense pleasure), which creates deities such as power of discrimination, renunciation and others. That is exactly how the world is manifested. The way one resolves, same way the world is manifested. The mind having lust desire is known as impure mind & the mind without lust desire is known as pure mind. That is why it has been said-----

"Man ev manushyAnAm kAranam bandh mokchayo.
BaddhAy vishayAsaktam muktyainirvishayam smritam."

Meaning of the above syllable from geeta suggests that it is only the mind which makes human beings feel bond-aged or liberated. The mind involved in lust desire is known to be the cause of bond-age and the mind keeps itself away from lust desire is known to be the cause of liberation. That is why one should try to meditate upon one's self and should keep itself away from sense pleasure. This is the supreme state of a human being.

It is mind which is also known as ego, intellect and chitta. It is also true that the mind vibrates in both waking & dreaming states. So scriptures say -----

"Yatha svapn mayo jlvo jAyate mriyateapi ch.
Tatha jlvo aml sarve bhavanti na bhavanti ch."

This syllable suggests that as all the living and non-living beings of dreaming state get eliminated during the dreaming state only, so is with all the living and non-living beings of this waking state, these exist and not as well. That means these are all seen by Maya (the manifestation power of God). Further more has been said-----

"Svapn mAye yathA drishte gandharv nagaram yathA.
tathA vishvamidam drishtam vedanteshu vichakchnai."

As the imagined city is seen in the dreaming state under the influence of Maya, so is with waking state, this world is seen under the influence of Maya (the power of manifestation). It has been told like this in Veda. That is why it is said-----

"Na nirodho nachotpatti baddho na cha sAdhakah.
Na mumukchurn vaimukto ityeshA parmarnathA."

The world neither is fabricated nor is dissolved. Nobody is bond-aged or liberated. So how-come the question of liberation arises. It is all due to the thoughts of mind. This is also the deepest knowledge.

Now with the above written facts it is proven that only mind drives the human beings either ways. If one's mind is pure, one starts seeing that way and one who has impure mind, sees everything otherwise. The way one resolves, exactly same the world is seen. So everybody must try and resolve to have pure mind.

Once Yagyavalka discoursed Janaka and said that it is only the purified mind which is called the soul, the subtle body and the effulgent self of every human being. It is again the mind which repeatedly takes birth with different bodies and enjoys the results of its previous acts by accepting the religion of that body.

[That is why every saint has emphasized to help others, to do meditation and to have the company of evolved people. This makes the mind peaceful, and God is always accessible to all those who are at peace.]

Hail Satchidanand Sanatan Brahman With Love