

## The Surrender

If you have any good or bad imagination about Brahman (the supreme self), considering Brahman separate from an individual soul, don't imagine like this. In fact all of us are Brahman, but this fact needs to be realized. Our 'self' should be understood similar to deity 'Sun' over taken by clouds. As we are able to see the Sun-shine when sky is clear of clouds, similarly our true and shining 'self' is realized when the clouds of ignorance are removed. So everybody must try and remove the ignorance, which has over taken our 'self'. Now how to remove ignorance?

Prayer is effective only when performed along with surrender. If surrender is not there, prayer is meaningless and is unable to produce any results. Unless you surrender your ego to God, you can't imagine being with God, rather it's going to be an uphill task. You will find him only when you develop the habit of forgiving those, who are known to be your enemies, are known to be in your opposition and are known to be bad people in this world, in as much time as river Gangs takes in taking a particle with it and a ray of Sun takes in clearing the darkness.

Don't be appreciative for possessing experience of life, beauty, health, wealth, intelligence and similar other qualities. Always avoid attachment, aversion and making groups against each other. Always admire earth for its tolerance power. Spend your life with childishness of children, enthusiasm of youths and maturity of elders along with love towards all.

Don't hang on to the poor thoughts. Whenever there is crisis, face it with courage and remain happy. Take this world like a beautiful painting. This would help you become firm and nothing would affect you. Instead of worldly pleasure, firmly believe in God.

It is good to serve others, this is also what makes mind pure and as a result God who is present within everyone is realized. Expansion of forgiveness, kindness, peace, cleanliness and meditation is life and if all the above are shrinking, it leads to death. The presence of love increases expansion and presence of selfishness decreases expansion. So love is the only basis of life and that is why all of us should unconditionally love each-other.

That act which slowly purifies your mind and produces Brahman thoughts, is the only right act. You should always try to become donor and should always be ready to donate everything, but should not expect anything in return. You should love, help and serve others in every possible way, but beware of expecting anything in return. You should consider the country, the time, and the personal needs before under taking any assignment.

The good, bad, rich and poor are different waves of the same sea which is 'Brahman'. These waves have the same sea (Brahman) dancing in them. When

you start considering different living beings as the different waves of Brahman, your heart would get purified and the fire of attachment and aversion would soon be seen leaving you alone to make your reunion possible with supreme Lord.

Sea without any sort of activity is Brahman, and the same sea, when waves are there, is seen under the influence of Maya. In the very same way mind without thoughts is Brahman and the same mind under the influence of Maya is seen producing different types of thoughts.

After going through the above lines, it is clear that Brahman is not separate from any individual soul (Jiva). But is present within every individual, and needs to be realized, there is no other way to access Brahman. Efforts suggested above can be useful in attaining realization of Brahman. There is also one beautiful syllable in this regard.

"Idam tlrtham idam tlrtham bhramante tAmsA janAh,  
Atma tlrtham na jAnanti katham moksh varAnane."

[Meaning- Those who are roaming here and there in search of holy places, are not aware of the same within themselves in the form of their 'self'. What about the liberation of such poor people?]

Hail Satchidanand Sanatan Brahman With Love